

NOBE North Oakland Baseball Federation

2020 Operating Mandate

All Age Levels and Divisions



Arrival to Venue (Practice, Srimmage, or Game)

Mandatory

- All players, coaches, and spectators must adhere to six-foot physical distancing while at the facility/field
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home*
- Coaches must conduct symptom assessment for each player and coach
- Any player or coach exhibiting any one or more symptoms will not be allowed to participate and must leave the playing area*
- Coaches will conduct two non-touch digital temperature scans of every player and coach (each team provided thermometer by organization)
- Any player or coach with a temperature greater than 99.9 degrees will not be allowed to participate and must leave the playing area
- No team water coolers or shared drinking stations
- All players/families must have provided a signed Release Letter with the North Oakland Baseball Federation prior to attending/participating in any NOBF related activity

Recommended Best Practices

 It is strongly recommended that players travel to the venue alone or with a member of their immediate household

Practice

- Total number of coaches, players and spectators may not exceed those set by guidelines required by state or local authority
- Coaches, players, and spectators must adhere to physical sixfoot distancing
- Coaches must wear face coverings at all times
- Players must wear face coverings at all times
- Spectators must wear face coverings at all times
- Coaches must conduct symptom and temperature assessments for coaches and players, per above
- Coaches must provide hand sanitizer in the dugout/on the bench (provided by organization)
- No team water coolers or shared drinking stations

- For each practice session, it is recommended that coaches divide players into groups and establish rotating shifts when possible
- Athletes should bring individual water containers
- Virtual meetings should be considered when possible
- Athletes are strongly recommended to travel to the venue alone or with a member(s) of their immediate household, if possible.
- Whenever possible, equipment and personal items should have proper separation and should not be shared. If equipment must be shared (i.e catching equipment), proper sanitation should be administered between users

Players

- Must adhere to six foot social distancing practices off the field of play, as well as on the field of play when at all possible
- Must wear face coverings at all times
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home*
- Must not share water or equipment. Belongings should be used only by the individual owner or operator including, but not limited to water bottles, gloves, bats, hats, and other on- and offfield gear
- No touch rule players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A "tip the cap" can be used following the game in lieu of the handshake line
- No spitting or eating seeds, gum, other similar products

- Hand washing or hand sanitizing, in the absence of soap and water, are strongly recommended for players during the games
- Whenever possible, equipment and personal items should have proper separation and should not be shared. If equipment must be shared (i.e catching equipment), proper sanitation should be administered between users

^{*} Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat, and new loss of taste or smell.

Spectators • Must adhere to includes in and same family

Must adhere to six foot social distancing practices. This includes in and around bleachers for anyone not in the

- Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home*
- Must not enter player areas (on the field of play or bench areas)
- Must keep six-feet or more distance from the backstop
- Must wear face coverings at all times
- No spitting or eating seeds, gum, or other similar products

Recommended Best Practices

 Hand washing or hand sanitizing, in the absence of soap and water, is recommended strongly during the games

Coaches

- Must adhere to six-foot social distancing practices
- Must wear face coverings at all times
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home
- No spitting or eating seeds, gum, or other similar products.
- No touch rule coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A "tip the cap" can be used following the game in lieu of the handshake line
- Coaches must conduct symptom and temperature assessments for coaches and players, per above
- Coaches must provide hand sanitizer in the dugout/on the bench (provided by organization)
- It is the responsibility of each team manager to enforce this protocol

- Coaches should ensure the players are adhering to social distancing in dugouts and other seating areas and wearing face coverings while not actively participating on the field of play
- Whenever possible, equipment and personal items should have proper separation and should not be shared.
 If equipment must be shared (i.e catching equipment), proper sanitation should be administered between users

Leaving the Venue

- Individuals should not congregate in common areas or parking lot following a game or practice
- Individuals should not exchange items

- Team meetings should occur virtually or over the phone rather than in a team huddle
- Athletes are strongly recommended to travel to the venue alone or with a member(s) of their immediate household, if possible
- Team meals should only occur in compliance with the guidelines issued for restaurants in the state of play

Umpires

- Must adhere to six foot social distancing practices when interacting with players, coaches, and spectators both on and off the field of play
- Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home*
- Must avoid exchanging documents or equipment with players, coaches, or spectators
- Must wear face coverings at all times

 Umpires calling balls and strikes should allow for adequate distance behind the catcher, or preferably be positioned behind the pitcher

Player/ Guardian Waiver

 Every player must complete a Player/Guardian Waiver form prior to being able to attend a practice, scrimmage, game, or any other team or organization event

Confirmed Cases

- Immediately isolate and seek medical care for any individual who develops symptoms
- Must notify head coach and team families of confirmation of COVID-19
- Contact the local health district about suspected cases or exposure

 Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications

Note: North Oakland Baseball Federation's 2020 Operating Mandate is superseded by any and all executive orders or any other regulation from any state or local authority

Notification: North Oakland Baseball Federation reserves the right to amend or restate this 2020 Operating Mandate at its sole discretion without notification. All changes to this 2020 Operating Mandate will come via notification from the Board of Directors

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